Sarah D. Carlson, JD



CEO and Chief Lawyer Liberator at Sarah D Carlson LLC and Director of Professional Development at Candler School of Theology

Sarah is a Harvard Law graduate and professional powerhouse who walked away from her high-rise attorney job in New York City to live in a tent and volunteer in Haiti. She is now the CEO of her own company where she liberates lawyers and other professionals from unhappy careers by giving them the tools and confidence to make powerful professional pivots. Sarah also serves as the Director of Professional Development at Candler School of Theology where she works with spiritually minded professionals on their career trajectories and will teach coursework on professional self-advocacy this Spring. Finally, Sarah speaks around the country and, through it all, works to inspire and equip people to claim their power and realize their unique potential in a world that doesn't make that easy.

Sarah Carlson will tell the story of leaving her New York law firm to live and volunteer in Haiti after the Earthquake in 2010. She will then speak about what she learned by reshaping her own career and what she now teaches to clients and students around the country. Specifically, Sarah will tell stories and teach techniques in 'self-advocacy,' including simple steps to claim, honor, and communicate your unique strengths and the value you offer to your employer and the world.